# 詳細献立表(Bコース)

Aコース　2023年6月6日（火）
Bコース　2023年6月1日（木）
Cコース　2023年6月14日（水）

久喜市立学校給食センター

| 食品名 | 1人分 小 (g) | 1人分 中 (g) | アレルゲン | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | えび | かに | 卵 | 小麦 | そば | 落花生 | 乳 | あわび | いか | いくら | さけ | さば | オレンジ | キウイフルーツ | バナナ | もも | りんご | 牛肉 | 鶏肉 | 豚肉 | ゼラチン | くるみ | 大豆 | まつたけ | やまいも | カシューナッツ | ごま | アーモンド | 月 | 前期 |
| 【こどもパン】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| こどもパン(50g) | 50 | 0 | | | ▲ | ● | | | ● | | | | | | | | | | | | | | | | ● | | | | ▲ | | | ● |
| こどもパン(70g) | 0 | 70 | | | ▲ | ● | | | ● | | | | | | | | | | | | | | | | ● | | | | ▲ | | | ● |
| 【牛乳】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 飲用牛乳 | 206 | 206 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | |
| 【鶏肉のパン粉焼き】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 鶏胸切り身（50g） | 50 | 0 | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | |
| 鶏胸切り身（60g） | 0 | 60 | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | |
| 塩 | 0.1 | 0.12 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 白こしょう | 0.01 | 0.01 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| ノンエッグマヨネーズ | 8 | 10 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| パセリ(乾) | 0.05 | 0.06 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| パン粉(乾燥) | 7 | 8.75 | | | | ● | | | | | | | | | | | | | | | | | | | ▲ | | | | | | | ● |
| 【ミックスソテー】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 冷凍さやいんげん(カット) | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| にんじん | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ホールコーン(冷凍) | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 米油 | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 塩 | 0.16 | 0.2 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 白こしょう | 0.01 | 0.01 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| コンソメ | 0.3 | 0.38 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 【うずらの卵入りオニオンスープ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ショルダーベーコン | 5 | 6.25 | | | | ▲ | | | | | | | | | | | | | | ▲ | ▲ | ● | | | ▲ | | | | | | | ● |
| 玉ねぎ | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 炒め玉ねぎ(冷凍) | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| にんじん | 8 | 10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| マカロニ(シェル) | 4 | 5 | | | | ● | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| うずらの卵 | 20 | 25 | | | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 米油 | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| とりがらスープの素 | 2 | 2.5 | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | ● |
| コンソメ | 2 | 2.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 薄口醤油 | 0.2 | 0.25 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 塩 | 0.5 | 0.63 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 白こしょう | 0.02 | 0.03 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 125 | 156 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

●…該当食品、▲…同一工場内での製造がある場合（コンタミネーション）

# 詳細献立表(Bコース)

Aコース　2023年6月5日（月）
Bコース　2023年6月2日（金）
Cコース　2023年6月1日（木）

久喜市立学校給食センター

| 食品名 | 1人分 小 (g) | 1人分 中 (g) | アレルゲン | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | えび | かに | 卵 | 小麦 | そば | 落花生 | 乳 | あわび | いか | いくら | さけ | さば | オレンジ | キウイフルーツ | バナナ | もも | りんご | 牛肉 | 鶏肉 | 豚肉 | ゼラチン | くるみ | 大豆 | まつたけ | やまいも | カシューナッツ | ごま | アーモンド | 月 | 前期 |
| 【麦ごはん】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 麦ごはん | 60 | 100 | | | | ▲ | | | | | | | | | | | | | | | ▲ | ▲ | | | ▲ | | | | ▲ | | | ● |
| 【牛乳】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 飲用牛乳 | 206 | 206 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | |
| 【いかフライ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| いかフライ(50g) | 50 | 0 | ▲ | | | ● | | | ▲ | | ● | | ▲ | ▲ | | | | | | | | | | | ● | | | | ▲ | ▲ | ● | |
| いかフライ（60g） | 0 | 60 | ▲ | | | ● | | | ▲ | | ● | | ▲ | ▲ | | | | | | | | | | | ● | | | | ▲ | ▲ | ● | |
| 米油 | 5 | 6 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 中濃ソース(ボトル) | 5 | 5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 【海そうサラダ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 海藻ミックス | 0.5 | 0.63 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| ホールコーン(冷凍) | 8 | 10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| もやし | 30 | 37.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| チンゲン菜 | 12 | 15 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ドレッシング(和風) | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 【豚汁】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| じゃがいも | 25 | 31.3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 豚肩小間切れ | 12 | 15 | | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | |
| 大根 | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんじん | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 豆腐(冷凍・サイコロ) | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 長ねぎ | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| みそ（けいわ） | 3 | 3.75 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| みそ(白) | 5.5 | 6.88 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 煮干しパック | 2 | 2.5 | ▲ | ▲ | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 97 | 121 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

●…該当食品、▲…同一工場内での製造がある場合（コンタミネーション）

# 詳細献立表(Bコース)

Aコース　2023年6月28日（水）
Bコース　2023年6月5日（月）
Cコース　2023年6月8日（木）

久喜市立学校給食センター

| 食品名 | 1人分 小 (g) | 1人分 中 (g) | アレルゲン | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | えび | かに | 卵 | 小麦 | そば | 落花生 | 乳 | あわび | いか | いくら | さけ | さば | オレンジ | キウイフルーツ | バナナ | もも | りんご | 牛肉 | 鶏肉 | 豚肉 | ゼラチン | くるみ | 大豆 | まつたけ | やまいも | カシューナッツ | ごま | アーモンド | 月 | 前期 |
| 【中華めん】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 中華めん(70g) | 70 | 0 | | | ▲ | ● | ▲ | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 中華めん(100g) | 0 | 100 | | | ▲ | ● | ▲ | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 【牛乳】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 飲用牛乳 | 206 | 206 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | |
| 【ねぎ塩まんじゅう】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ねぎ塩まんじゅう(25g) | 50 | 50 | ▲ | ▲ | ▲ | ● | | | ▲ | | ▲ | | | | | | | | | ▲ | ▲ | ● | ▲ | | ● | | | | ▲ | | ● | |
| 米油 | 3 | 3.75 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 【きゅうりのサラダ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ホールコーン(冷凍) | 8 | 10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| キャベツ | 25 | 31.3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんじん | 8 | 10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| きゅうり | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ドレッシング(香味塩) | 5 | 6.25 | | | | ● | | | | | | | | | | | | | | | ● | | | | ● | | | | ● | | | ● |
| 【豆腐ラーメン】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 豚ひき肉 | 25 | 31.3 | | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | |
| 豆腐(冷凍・サイコロ) | 30 | 37.5 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| にんじん | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 長ねぎ | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| カットわかめ(外国産) | 0.6 | 0.75 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| とりがらスープの素 | 4 | 5 | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | ● |
| ケイトンタン(鶏豚湯) | 4 | 5 | | | | | | | | | | | | | | | | | | | ● | ● | | | | | | | | | | ● |
| 濃口醤油 | 6 | 7.5 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 薄口醤油 | 6 | 7.5 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 中華スープの素 | 0.3 | 0.38 | | | | | | | | | | | | | | | | | | | ● | ● | | | ● | | | | ● | | | ● |
| じゃがいも澱粉 | 3 | 3.75 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 132 | 165 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

●…該当食品、▲…同一工場内での製造がある場合（コンタミネーション）

# 詳細献立表(Bコース)

Aコース　2023年6月30日（金）
Bコース　2023年6月6日（火）
Cコース　2023年6月9日（金）

久喜市立学校給食センター

| 食品名 | 1人分 小 (g) | 1人分 中 (g) | アレルゲン | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | えび | かに | 卵 | 小麦 | そば | 落花生 | 乳 | あわび | いか | いくら | さけ | さば | オレンジ | キウイフルーツ | バナナ | もも | りんご | 牛肉 | 鶏肉 | 豚肉 | ゼラチン | くるみ | 大豆 | まつたけ | やまいも | カシューナッツ | ごま | アーモンド | 月 | 前期 |
| 【ごはん】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 白飯 | 60 | 100 | | | | ▲ | | | | | | | | | | | | | | | ▲ | ▲ | | | ▲ | | | | ▲ | | | ● |
| 【牛乳】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 飲用牛乳 | 206 | 206 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | |
| 【わらじカツ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| とんかつ(40g) | 40 | 0 | ▲ | | ▲ | ● | | | ▲ | | | | | | | | | | | | | ● | | | ● | | | | | | ● | |
| とんかつ(50g) | 0 | 50 | ▲ | | ▲ | ● | | | ▲ | | | | | | | | | | | | | ● | | | ● | | | | | | ● | |
| 米油 | 4 | 5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 三温糖 | 2 | 2.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 濃口醤油 | 4 | 5 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 本みりん | 2.4 | 3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【キャベツの和え物】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| キャベツ | 30 | 37.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| もやし | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんじん | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ドレッシング(具だくさん玉ねぎ) | 5 | 6.25 | | | | ● | | | | | | | | | | | | | ● | | | | | | ● | | | | | | | ● |
| 【煮ぼうとう】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 冷凍ほうとう | 30 | 37.5 | | | ▲ | ● | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 鶏もも小間切れ | 10 | 12.5 | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | |
| にんじん | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 大根 | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 洗いごぼう | 6 | 7.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 長ねぎ | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 油揚げ(スライス) | 4 | 5 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| だしパック(鰹・鯖) | 2 | 2.5 | | | | | | | | | | | | ● | | | | | | | | | | | | | | | | | | ● |
| 濃口醤油 | 5 | 6.25 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 本みりん | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 塩 | 0.3 | 0.38 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 100.7 | 126 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

●…該当食品、▲…同一工場内での製造がある場合（コンタミネーション）

# 詳細献立表(Bコース)

Aコース　2023年6月23日（金）
Bコース　2023年6月7日（水）
Cコース　2023年6月2日（金）

久喜市立学校給食センター

| 食品名 | 1人分 小 (g) | 1人分 中 (g) | アレルゲン | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | えび | かに | 卵 | 小麦 | そば | 落花生 | 乳 | あわび | いか | いくら | さけ | さば | オレンジ | キウイフルーツ | バナナ | もも | りんご | 牛肉 | 鶏肉 | 豚肉 | ゼラチン | くるみ | 大豆 | まつたけ | やまいも | カシューナッツ | ごま | アーモンド | 月 | 前期 |
| 【ごはん】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 白飯 | 60 | 100 | | | | ▲ | | | | | | | | | | | | | | | ▲ | ▲ | | | ▲ | | | | ▲ | | | ● |
| 【牛乳】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 飲用牛乳 | 206 | 206 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | |
| 【かにしゅうまい】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| かにしゅうまい（20g） | 40 | 0 | ▲ | ● | | ● | | | | | | | | | | | | | | | ▲ | ● | | | ▲ | | | | ▲ | | ● | |
| かにしゅうまい（30g） | 0 | 60 | ▲ | ● | | ● | | | | | | | | | | | | | | | ▲ | ● | | | ▲ | | | | ▲ | | ● | |
| 【チンゲン菜とコーンのサラダ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ホールコーン(冷凍) | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| もやし | 30 | 37.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| チンゲン菜 | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ドレッシング(中華) | 5 | 6.25 | | | | ● | | | | | | | | | | | | | ● | | ● | | | | ● | | | | ● | | | ● |
| 【野菜たっぷりマーボー豆腐】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 豚ひき肉 | 25 | 31.3 | | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | |
| 豆腐(冷凍・サイコロ) | 55 | 68.8 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| にんじん | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 玉ねぎ | 25 | 31.3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 干椎茸 | 0.2 | 0.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 長ねぎ | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| たけのこ(水煮) | 6 | 7.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 米油 | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| しょうが | 0.5 | 0.63 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| みそ(赤) | 4 | 5 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 濃口醤油 | 1.8 | 2.25 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 上白糖 | 1.2 | 1.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 中華スープの素 | 0.5 | 0.63 | | | | | | | | | | | | | | | | | | | ● | ● | | | ● | | | | ● | | | ● |
| ごま油 | 0.8 | 1 | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | | | ● |
| 豆板醤 | 0.3 | 0.38 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| オイスターソース | 0.2 | 0.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| じゃがいも澱粉 | 1.5 | 1.88 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 25 | 31.3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

●…該当食品、▲…同一工場内での製造がある場合（コンタミネーション）

# 詳細献立表(Bコース)

Aコース　2023年6月2日（金）①
Bコース　2023年6月8日（木）①
Cコース　2023年6月7日（水）①

久喜市立学校給食センター

| 食品名 | 1人分 小 (g) | 1人分 中 (g) | アレルゲン | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | えび | かに | 卵 | 小麦 | そば | 落花生 | 乳 | あわび | いか | いくら | さけ | さば | オレンジ | キウイフルーツ | バナナ | もも | りんご | 牛肉 | 鶏肉 | 豚肉 | ゼラチン | くるみ | 大豆 | まつたけ | やまいも | カシューナッツ | ごま | アーモンド | 月 | 前期 |
| 【メロンパン（乳不使用）】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| メロンパン（乳不使用）(30g) | 30 | 0 | | | ▲ | ● | | | ▲ | | | | | | | | | | | | | | | | ● | | | | ▲ | | | ● |
| メロンパン（乳不使用）(50g) | 0 | 50 | | | ▲ | ● | | | ▲ | | | | | | | | | | | | | | | | ● | | | | ▲ | | | ● |
| 【牛乳】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 飲用牛乳 | 206 | 206 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | |
| 【白身魚のエスカベッシュ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| たら澱粉付き(40g) | 40 | 0 | ▲ | | ▲ | ▲ | | | ▲ | | ▲ | | ▲ | ▲ | | | | | | | | | | | ▲ | | | | ▲ | ▲ | ● | |
| たら澱粉付き(50g) | 0 | 50 | ▲ | | ▲ | ▲ | | | ▲ | | ▲ | | ▲ | ▲ | | | | | | | | | | | ▲ | | | | ▲ | ▲ | ● | |
| 米油 | 4 | 5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 玉ねぎ | 7 | 8.4 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんじん | 3 | 3.6 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| オリーブ油 | 0.4 | 0.48 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 酢 | 4 | 4.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| レモン果汁 | 1 | 1.2 | | | | | | | | | | | | | ▲ | | | | | | | | | | | | | | | | | ● |
| 塩 | 0.2 | 0.24 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 白こしょう | 0.02 | 0.02 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 上白糖 | 1 | 1.2 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 1 | 1.2 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【スパゲティナポリタン】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ハーフスパゲッティー | 16 | 20 | | | | ● | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 豚ひき肉 | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | |
| 玉ねぎ | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんにく | 0.2 | 0.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ピーマン | 2 | 2.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| トマトケチャップ | 12 | 15 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| コンソメ | 0.25 | 0.31 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| トマトピューレ | 3 | 3.75 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| ウスターソース | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| パプリカパウダー | 0.1 | 0.13 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 上白糖 | 0.5 | 0.63 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 塩 | 0.1 | 0.13 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 白こしょう | 0.02 | 0.03 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 米油 | 0.5 | 0.63 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |

●…該当食品、▲…同一工場内での製造がある場合（コンタミネーション）

≪次頁あり≫

# 詳細献立表(Bコース)

Aコース　2023年6月2日（金）②
Bコース　2023年6月8日（木）②
Cコース　2023年6月7日（水）②

久喜市立学校給食センター

| 食品名 | 1人分 小 (g) | 1人分 中 (g) | アレルゲン | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | えび | かに | 卵 | 小麦 | そば | 落花生 | 乳 | あわび | いか | いくら | さけ | さば | オレンジ | キウイフルーツ | バナナ | もも | りんご | 牛肉 | 鶏肉 | 豚肉 | ゼラチン | くるみ | 大豆 | まつたけ | やまいも | カシューナッツ | ごま | アーモンド | 月 | 前期 |
| 【野菜スープ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 鶏胸小間 | 5 | 6.25 | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | |
| キャベツ | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんじん | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 玉ねぎ | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| じゃがいも | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| カットポテト(ダイス) | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 米油 | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 塩 | 0.5 | 0.63 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 白こしょう | 0.02 | 0.03 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| コンソメ | 3 | 3.75 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 120.4 | 151 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

●…該当食品、▲…同一工場内での製造がある場合（コンタミネーション）

# 詳細献立表(Bコース)

Aコース　2023年6月16日（金）
Bコース　2023年6月9日（金）
Cコース　2023年6月19日（月）

久喜市立学校給食センター

| 食品名 | 1人分 小 (g) | 1人分 中 (g) | アレルゲン | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | えび | かに | 卵 | 小麦 | そば | 落花生 | 乳 | あわび | いか | いくら | さけ | さば | オレンジ | キウイフルーツ | バナナ | もも | りんご | 牛肉 | 鶏肉 | 豚肉 | ゼラチン | くるみ | 大豆 | まつたけ | やまいも | カシューナッツ | ごま | アーモンド | 月 | 前期 |
| 【麦ごはん】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 麦ごはん | 60 | 100 | | | | ▲ | | | | | | | | | | | | | | | ▲ | ▲ | | | ▲ | | | | ▲ | | | ● |
| 【牛乳】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 飲用牛乳 | 206 | 206 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | |
| 【チキンナゲット】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| チキンナゲット（20g） | 40 | 40 | | | | ● | | | | | | | | | | | | | | | ● | ● | | | ● | | | | | | ● | |
| 米油 | 0.5 | 0.63 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 【フルーツポンチ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ダイスゼリー(さくらんぼ) | 20 | 25 | | | ▲ | ▲ | | | ▲ | | | | | | ▲ | ▲ | ▲ | ▲ | ▲ | | | | ▲ | | ▲ | | | | ▲ | ▲ | | ● |
| パインアップル(レトルト) | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| ダイスゼリー(シャインマスカット) | 20 | 25 | | | ▲ | ▲ | | | ▲ | | | | | | | | | | | | | | | | | | | | | | | ● |
| ダイスゼリー（あまおう） | 20 | 25 | | | ▲ | ▲ | | | ▲ | | | | | | | | | | | | | | | | | | | | | | | ● |
| 【コーンカレー】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 豚ひき肉 | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | |
| じゃがいも | 40 | 50 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 玉ねぎ | 30 | 37.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんじん | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ホールコーン(冷凍) | 12 | 15 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| にんにく | 0.5 | 0.63 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 中濃ソース | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 米油 | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| トマトケチャップ | 3 | 3.75 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| トマトダイスカット | 2.5 | 3.13 | | | | | | | ▲ | | | | | | ▲ | | | ▲ | ▲ | | | | | | ▲ | | | | | | | ● |
| カレーフレーク(Fe) | 16 | 20 | | | | ● | | | | | | | | | | | | | | | ● | | | | ● | | | | | | | ● |
| カレーフレーク(甘口) | 4 | 5 | | | | ● | | | ● | | | | | | | | ● | | ● | | | ● | | | ● | | | | | | | ● |
| ミルクカルシウム | 2 | 2.5 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | ● |
| スキムミルク | 3 | 3.75 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 68 | 85 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

●…該当食品、▲…同一工場内での製造がある場合（コンタミネーション）

# 詳細献立表(Bコース)

Aコース　2023年6月7日（水）
Bコース　2023年6月12日（月）
Cコース　2023年6月22日（木）

久喜市立学校給食センター

| 食品名 | 1人分 小 (g) | 1人分 中 (g) | アレルゲン | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | えび | かに | 卵 | 小麦 | そば | 落花生 | 乳 | あわび | いか | いくら | さけ | さば | オレンジ | キウイフルーツ | バナナ | もも | りんご | 牛肉 | 鶏肉 | 豚肉 | ゼラチン | くるみ | 大豆 | まつたけ | やまいも | カシューナッツ | ごま | アーモンド | 月 | 前期 |
| 【地粉うどん】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 地粉うどん(70g) | 70 | 0 | | | ▲ | ● | ▲ | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 地粉うどん(100g) | 0 | 100 | | | ▲ | ● | ▲ | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 【牛乳】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 飲用牛乳 | 206 | 206 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | |
| 【ゼリーフライ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ゼリーフライ(40g) | 40 | 0 | ▲ | ▲ | | ● | | | | | | | | | | | | | | | ▲ | ▲ | | | ● | | | | ▲ | | ● | |
| ゼリーフライ(60g) | 0 | 60 | ▲ | ▲ | | ● | | | | | | | | | | | | | | | ▲ | ▲ | | | ● | | | | ▲ | | ● | |
| 米油 | 4 | 5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 中濃ソース | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| ウスターソース | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 上白糖 | 0.08 | 0.1 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 1.2 | 1.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【小松菜ともやしのおひたし】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 小松菜 | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| キャベツ | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| もやし | 25 | 31.3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 濃口醤油 | 2.56 | 3.2 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 清酒 | 1.12 | 1.4 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| だしパック(鰹・鯖) | 0.2 | 0.25 | | | | | | | | | | | | ● | | | | | | | | | | | | | | | | | | ● |
| 水 | 1.6 | 2 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【なす南蛮うどん】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 豚肩小間切れ | 20 | 25 | | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | |
| なす | 18 | 22.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 玉ねぎ | 12 | 15 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんじん | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| しょうが | 0.3 | 0.38 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 油揚げ(スライス) | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 本みりん | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 清酒 | 1.5 | 1.88 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 濃口醤油 | 13 | 16.3 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 塩 | 0.05 | 0.06 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| だしパック(鰹・鯖) | 2 | 2.5 | | | | | | | | | | | | ● | | | | | | | | | | | | | | | | | | ● |
| 水 | 147.1 | 184 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

●…該当食品、▲…同一工場内での製造がある場合（コンタミネーション）

# 詳細献立表(Bコース)

Aコース　2023年6月9日（金）
Bコース　2023年6月13日（火）
Cコース　2023年6月6日（火）

久喜市立学校給食センター

| 食品名 | 1人分 小 (g) | 1人分 中 (g) | アレルゲン | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | えび | かに | 卵 | 小麦 | そば | 落花生 | 乳 | あわび | いか | いくら | さけ | さば | オレンジ | キウイフルーツ | バナナ | もも | りんご | 牛肉 | 鶏肉 | 豚肉 | ゼラチン | くるみ | 大豆 | まつたけ | やまいも | カシューナッツ | ごま | アーモンド | 月 | 前期 |
| 【ごはん】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 白飯 | 60 | 100 | | | | ▲ | | | | | | | | | | | | | | | ▲ | ▲ | | | ▲ | | | | ▲ | | | ● |
| 【牛乳】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 飲用牛乳 | 206 | 206 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | |
| 【春巻き】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 肉春巻き(35g) | 35 | 0 | ▲ | | | ● | | | ▲ | | | | | | | | | | | | | ● | | | ● | | | | | | ● | |
| 肉春巻き(50g) | 0 | 50 | ▲ | | | ● | | | ▲ | | | | | | | | | | | | | ● | | | ● | | | | | | ● | |
| 米油 | 4 | 5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 【ピーマンの中華炒め】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 鶏胸小間 | 10 | 12.5 | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | |
| ピーマン | 12 | 15 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| たけのこ(千切り) | 18 | 22.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| キャベツ | 25 | 31.3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| しょうが | 0.1 | 0.13 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 米油 | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 濃口醤油 | 1.6 | 2 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 三温糖 | 0.6 | 0.75 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 豆板醤 | 0.1 | 0.13 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| オイスターソース | 0.15 | 0.19 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 中華スープの素 | 0.3 | 0.38 | | | | | | | | | | | | | | | | | | | ● | ● | | | ● | | | | ● | | | ● |
| ごま油 | 0.2 | 0.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | | | ● |
| じゃがいも澱粉 | 0.5 | 0.63 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 3 | 3.75 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【海鮮風ワンタンスープ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんじん | 8 | 10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 大根 | 12 | 15 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| もやし | 12 | 15 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 干椎茸 | 0.2 | 0.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 長ねぎ | 8 | 10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 海鮮ワンタン | 24 | 30 | | | | ● | | | | | | | | | | | | | | | | ● | | | ● | | | | ● | | ● | |
| 濃口醤油 | 2.5 | 3.13 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 塩 | 0.4 | 0.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| ごま油 | 0.5 | 0.63 | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | | | ● |
| とりがらスープの素 | 5 | 6.25 | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | ● |
| 中華スープの素 | 0.6 | 0.75 | | | | | | | | | | | | | | | | | | | ● | ● | | | ● | | | | ● | | | ● |
| じゃがいも澱粉 | 0.6 | 0.75 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 115 | 144 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

●…該当食品、▲…同一工場内での製造がある場合（コンタミネーション）

# 詳細献立表(Bコース)

Aコース　2023年6月29日（木）
Bコース　2023年6月14日（水）
Cコース　2023年6月5日（月）

久喜市立学校給食センター

| 食品名 | 1人分 小 (g) | 1人分 中 (g) | アレルゲン | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | えび | かに | 卵 | 小麦 | そば | 落花生 | 乳 | あわび | いか | いくら | さけ | さば | オレンジ | キウイフルーツ | バナナ | もも | りんご | 牛肉 | 鶏肉 | 豚肉 | ゼラチン | くるみ | 大豆 | まつたけ | やまいも | カシューナッツ | ごま | アーモンド | 月 | 前期 |
| 【ごはん】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 白飯 | 60 | 100 | | | | ▲ | | | | | | | | | | | | | | | ▲ | ▲ | | | ▲ | | | | ▲ | | | ● |
| 【牛乳】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 飲用牛乳 | 206 | 206 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | |
| 【さばカレー焼き】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| さば切身(40g) | 40 | 0 | | | | | | | | | | | | ● | | | | | | | | | | | | | | | | | ● | |
| さば切身(50g) | 0 | 50 | | | | | | | | | | | | ● | | | | | | | | | | | | | | | | | ● | |
| 清酒 | 1.6 | 2 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 濃口醤油 | 3.7 | 4.63 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| しょうが | 0.5 | 0.63 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| カレー粉 | 0.2 | 0.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 炒め玉ねぎ(冷凍) | 3 | 3.75 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 【じゃがいものそぼろ煮】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 豚ひき肉 | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | |
| じゃがいも(カット) | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| じゃがいも | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 米油 | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| にんじん | 8 | 10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| こんにゃく(突きこんにゃく) | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 冷凍さやいんげん(カット) | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 三温糖 | 1.2 | 1.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 本みりん | 0.5 | 0.63 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 濃口醤油 | 3 | 3.75 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 清酒 | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【えのきだけのみそ汁】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| えのきたけ(カット) | 8 | 10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 大根 | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 生揚げ(カット) | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 小松菜(冷凍) | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| みそ(白) | 8 | 10 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| だしパック(鰹・鯖) | 2 | 2.5 | | | | | | | | | | | | ● | | | | | | | | | | | | | | | | | | ● |
| 水 | 117 | 146 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

●…該当食品、▲…同一工場内での製造がある場合（コンタミネーション）

# 詳細献立表(Bコース)

Aコース　2023年6月13日（火）
Bコース　2023年6月15日（木）
Cコース　2023年6月21日（水）

久喜市立学校給食センター

| 食品名 | 1人分 小 (g) | 1人分 中 (g) | アレルゲン | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | えび | かに | 卵 | 小麦 | そば | 落花生 | 乳 | あわび | いか | いくら | さけ | さば | オレンジ | キウイフルーツ | バナナ | もも | りんご | 牛肉 | 鶏肉 | 豚肉 | ゼラチン | くるみ | 大豆 | まつたけ | やまいも | カシューナッツ | ごま | アーモンド | 月 | 前期 |
| 【コッペパン】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| コッペパン(50g) | 50 | 0 | | | ▲ | ● | | | ● | | | | | | | | | | | | | | | | ● | | | | ▲ | | | ● |
| コッペパン(70g) | 0 | 70 | | | ▲ | ● | | | ● | | | | | | | | | | | | | | | | ● | | | | ▲ | | | ● |
| 【牛乳】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 飲用牛乳 | 206 | 206 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | |
| 【フランクフルトバーベキューソースがけ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| フランクフルト(30g) | 30 | 0 | | | | ▲ | | | | | | | | | | | | | | ▲ | ▲ | ● | | | ▲ | | | | | | | ● |
| フランクフルト(50g) | 0 | 50 | | | | ▲ | | | | | | | | | | | | | | ▲ | ▲ | ● | | | ▲ | | | | | | | ● |
| マッシュルーム水煮みじん切り | 2 | 2.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| にんにく | 0.3 | 0.38 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| オリーブ油 | 0.24 | 0.3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| トマトケチャップ | 4 | 5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 中濃ソース | 1.2 | 1.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| ウスターソース | 0.8 | 1 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 三温糖 | 0.8 | 1 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 濃口醤油 | 0.16 | 0.2 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 白こしょう | 0.01 | 0.01 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 2.4 | 3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【根菜サラダ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ごぼう(千切り・サラダ用) | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| にんじん | 12 | 15 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ホールコーン(冷凍) | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| ドレッシング(ごま) | 5 | 6.25 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | ● | | | ● |
| 【ラビオリスープ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ラビオリ | 20 | 25 | | | | ● | | | | | | | | | | | | | | | | ● | | | | | | | | | ● | |
| じゃがいも | 25 | 31.3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんじん | 8 | 10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 玉ねぎ | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| オリーブ油 | 0.8 | 1 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| トマトピューレ | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| トマトケチャップ | 3 | 3.75 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| コンソメ | 2.5 | 3.13 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 白こしょう | 0.01 | 0.01 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 塩 | 0.5 | 0.63 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 101.19 | 126 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【ヨーグルト】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ヨーグルト(70g・ヤクルト) | 70 | 70 | | | | | | | ● | | | | | | | | | | | | | | ● | | | | | | | | | ● |

●…該当食品、▲…同一工場内での製造がある場合（コンタミネーション）

# 詳細献立表(Bコース)

Aコース　2023年6月19日（月）
Bコース　2023年6月16日（金）
Cコース　2023年6月23日（金）

久喜市立学校給食センター

| 食品名 | 1人分 小 (g) | 1人分 中 (g) | アレルゲン | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | えび | かに | 卵 | 小麦 | そば | 落花生 | 乳 | あわび | いか | いくら | さけ | さば | オレンジ | キウイフルーツ | バナナ | もも | りんご | 牛肉 | 鶏肉 | 豚肉 | ゼラチン | くるみ | 大豆 | まつたけ | やまいも | カシューナッツ | ごま | アーモンド | 月 | 前期 |
| 【ごはん】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 白飯 | 60 | 100 | | | | ▲ | | | | | | | | | | | | | | | ▲ | ▲ | | | ▲ | | | | ▲ | | | ● |
| 【牛乳】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 飲用牛乳 | 206 | 206 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | |
| 【レバーとかぼちゃのごまみそ和え】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 豚レバー下味澱粉付(1×1×2cm) | 33 | 43 | ▲ | | ▲ | ● | | | ▲ | | | | | | | | | | | | | ● | | | ● | | | | | | | ● |
| かぼちゃ(カット) | 30 | 37.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 米油 | 6 | 7.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| みそ(赤) | 5.5 | 6.88 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 上白糖 | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| ごま(白・いり) | 1.5 | 1.88 | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | | | ● |
| 清酒 | 2 | 2.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 12 | 15 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【ひじきの煮物】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 芽ひじき | 2 | 2.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| にんじん | 8 | 10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| こんにゃく(突きこんにゃく) | 6 | 7.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| さつまあげ(冷凍) | 5 | 6.25 | ▲ | ▲ | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| ゆで大豆(冷凍) | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 米油 | 0.8 | 1 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 上白糖 | 2.5 | 3.13 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 濃口醤油 | 4 | 5 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 本みりん | 2 | 2.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【玉ねぎのみそ汁】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| チンゲン菜 | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 玉ねぎ | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| じゃがいも | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 生揚げ(カット) | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| みそ（けいわ） | 8 | 10 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 煮干しパック | 2 | 2.5 | ▲ | ▲ | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 117 | 146 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

●…該当食品、▲…同一工場内での製造がある場合（コンタミネーション）

# 詳細献立表(Bコース)

Aコース　2023年6月14日（水）
Bコース　2023年6月19日（月）
Cコース　2023年6月29日（木）

久喜市立学校給食センター

| 食品名 | 1人分 小 (g) | 1人分 中 (g) | アレルゲン | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | えび | かに | 卵 | 小麦 | そば | 落花生 | 乳 | あわび | いか | いくら | さけ | さば | オレンジ | キウイフルーツ | バナナ | もも | りんご | 牛肉 | 鶏肉 | 豚肉 | ゼラチン | くるみ | 大豆 | まつたけ | やまいも | カシューナッツ | ごま | アーモンド | 月 | 前期 |
| 【中華めん】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 中華めん(70g) | 70 | 0 | | | ▲ | ● | ▲ | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 中華めん(100g) | 0 | 100 | | | ▲ | ● | ▲ | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 【牛乳】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 飲用牛乳 | 206 | 206 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | |
| 【深谷ねぎ入りぎょうざ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 深谷ねぎぎょうざ（18g） | 36 | 0 | ▲ | | | ● | | | | | | | | | | | | | | | | ● | ▲ | | ● | | | | ● | | ● | |
| 深谷ねぎぎょうざ（25g） | 0 | 50 | ▲ | | | ● | | | | | | | | | | | | | | | | ● | ▲ | | ● | | | | ● | | ● | |
| 米油 | 4 | 5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 【バンサンスー風サラダ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 緑豆春雨 | 4 | 5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| もやし | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| キャベツ | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんじん | 8 | 10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ドレッシング(ナムル) | 5 | 6.25 | | | | ● | | | | | | | | | | | | | | | ● | ● | | | ● | | | | ● | | | ● |
| 【とんこつラーメン】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 豚もも小間切れ | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | |
| 豚肩小間切れ | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | |
| にんにく | 0.3 | 0.38 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| しょうが | 0.3 | 0.38 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 米油 | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 清酒 | 2 | 2.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| なると(冷凍) | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| にんじん | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| チンゲン菜 | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 長ねぎ | 12 | 15 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 豚骨ラーメンスープ | 12 | 15 | | | | ● | | | | | | | | | | | | | | | ● | ● | | | ● | | | | ● | | | ● |
| とりがらスープの素 | 3 | 3.75 | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | ● |
| みそ(白) | 1.2 | 1.5 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 塩 | 0.2 | 0.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 白こしょう | 0.02 | 0.03 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 146.6 | 183 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

●…該当食品、▲…同一工場内での製造がある場合（コンタミネーション）

# 詳細献立表(Bコース)

Aコース　2023年6月8日（木）
Bコース　2023年6月20日（火）
Cコース　2023年6月27日（火）

久喜市立学校給食センター

| 食品名 | 1人分 小 (g) | 1人分 中 (g) | アレルゲン | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | えび | かに | 卵 | 小麦 | そば | 落花生 | 乳 | あわび | いか | いくら | さけ | さば | オレンジ | キウイフルーツ | バナナ | もも | りんご | 牛肉 | 鶏肉 | 豚肉 | ゼラチン | くるみ | 大豆 | まつたけ | やまいも | カシューナッツ | ごま | アーモンド | 月 | 前期 |
| 【ごはん】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 白飯 | 60 | 100 | | | | ▲ | | | | | | | | | | | | | | | ▲ | ▲ | | | ▲ | | | | ▲ | | | ● |
| 【牛乳】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 飲用牛乳 | 206 | 206 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | |
| 【ハンバーグ照り焼きソースがけ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ハンバーグ(40g) | 40 | 0 | | | | | | | | | | | | | | | | | | | ● | ● | | | ● | | | | | | | ● |
| ハンバーグ(60g) | 0 | 60 | | | | | | | | | | | | | | | | | | | ● | ● | | | ● | | | | | | | ● |
| 本みりん | 2.8 | 3.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 上白糖 | 1.7 | 2.13 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 濃口醤油 | 2.8 | 3.5 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| じゃがいも澱粉 | 0.3 | 0.38 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【親豆子豆和え】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| むき枝豆(冷凍) | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| ゆで大豆(冷凍) | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| キャベツ | 30 | 37.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんじん | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ドレッシング(サウザンアイランド) | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 【ごまみそ汁】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| じゃがいも | 25 | 31.3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 生揚げ(カット) | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 玉ねぎ | 12 | 15 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 長ねぎ | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 洗いごぼう | 8 | 10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ごま（白・すり） | 0.5 | 0.63 | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | | | ● |
| みそ(白) | 4 | 5 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| みそ（けいわ） | 4 | 5 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 煮干しパック | 2 | 2.5 | ▲ | ▲ | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 128.5 | 161 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

●…該当食品、▲…同一工場内での製造がある場合（コンタミネーション）

# 詳細献立表(Bコース)

Aコース　2023年6月22日（木）
Bコース　2023年6月21日（水）
Cコース　2023年6月16日（金）

久喜市立学校給食センター

| 食品名 | 1人分 小 (g) | 1人分 中 (g) | アレルゲン | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | えび | かに | 卵 | 小麦 | そば | 落花生 | 乳 | あわび | いか | いくら | さけ | さば | オレンジ | キウイフルーツ | バナナ | もも | りんご | 牛肉 | 鶏肉 | 豚肉 | ゼラチン | くるみ | 大豆 | まつたけ | やまいも | カシューナッツ | ごま | アーモンド | 月 | 前期 |
| 【ごはん】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 白飯 | 60 | 100 | | | | ▲ | | | | | | | | | | | | | | | ▲ | ▲ | | | ▲ | | | | ▲ | | | ● |
| 【牛乳】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 飲用牛乳 | 206 | 206 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | |
| 【いわしの生姜煮】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| いわしの生姜煮（40g） | 40 | 0 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | ● | |
| いわしの生姜煮（50g） | 0 | 50 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | ● | |
| 【キャベツと豚肉のみそ炒め】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 豚もも小間切れ | 20 | 25 | | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | |
| しょうが | 0.3 | 0.38 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんにく | 0.3 | 0.38 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| キャベツ | 30 | 37.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にら | 2 | 2.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんじん | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 三温糖 | 1.5 | 1.88 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 米油 | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| みそ(赤) | 1.5 | 1.88 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 濃口醤油 | 1 | 1.25 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 清酒 | 1.2 | 1.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 中華スープの素 | 1 | 1.25 | | | | | | | | | | | | | | | | | | | ● | ● | | | ● | | | | ● | | | ● |
| じゃがいも澱粉 | 0.5 | 0.63 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 2 | 2.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【だまこ汁】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| だまこもち | 25 | 31.3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 鶏胸小間 | 15 | 18.8 | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | |
| にんじん | 8 | 10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 大根 | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| しめじ（カット） | 4 | 5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 長ねぎ | 8 | 10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 油揚げ(スライス) | 3 | 3.75 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 濃口醤油 | 5 | 6.25 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 塩 | 0.08 | 0.1 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| だしパック(鰹・鯖) | 2 | 2.5 | | | | | | | | | | | | ● | | | | | | | | | | | | | | | | | | ● |
| 水 | 97 | 121 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

●…該当食品、▲…同一工場内での製造がある場合（コンタミネーション）

# 詳細献立表(Bコース)

Aコース　2023年6月27日（火）
Bコース　2023年6月22日（木）
Cコース　2023年6月30日（金）

久喜市立学校給食センター

| 食品名 | 1人分 小 (g) | 1人分 中 (g) | アレルゲン | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | えび | かに | 卵 | 小麦 | そば | 落花生 | 乳 | あわび | いか | いくら | さけ | さば | オレンジ | キウイフルーツ | バナナ | もも | りんご | 牛肉 | 鶏肉 | 豚肉 | ゼラチン | くるみ | 大豆 | まつたけ | やまいも | カシューナッツ | ごま | アーモンド | 月 | 前期 |
| 【コッペパン】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| コッペパン(50g) | 50 | 0 | | | ▲ | ● | | | ● | | | | | | | | | | | | | | | | ● | | | | ▲ | | | ● |
| コッペパン(70g) | 0 | 70 | | | ▲ | ● | | | ● | | | | | | | | | | | | | | | | ● | | | | ▲ | | | ● |
| 【牛乳】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 飲用牛乳 | 206 | 206 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | |
| 【野菜のメンチカツ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| キャベツメンチカツ(40g) | 40 | 0 | | | ▲ | ● | | | ▲ | | | | | | ▲ | | | | ▲ | ▲ | ● | ● | ▲ | | ● | | | | ▲ | | ● | |
| キャベツメンチカツ(50g) | 0 | 50 | | | ▲ | ● | | | ▲ | | | | | | ▲ | | | | ▲ | ▲ | ● | ● | ▲ | | ● | | | | ▲ | | ● | |
| 米油 | 4 | 5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 中濃ソース(ボトル) | 5 | 5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 【コーンソテー】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| キャベツ | 30 | 37.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんじん | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ホールコーン(冷凍) | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 米油 | 0.8 | 1 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 塩 | 0.15 | 0.19 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 白こしょう | 0.02 | 0.03 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| コンソメ | 0.4 | 0.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 【キャロットポタージュ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 鶏胸小間 | 8 | 10 | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | |
| じゃがいも | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんじんペースト | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 玉ねぎ | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| パセリ | 0.5 | 0.6 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 米油 | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| ホワイトルウ | 14 | 17.5 | | | | ● | | | | | | | | | | | | | | | | ● | | | | | | | | | | ● |
| 調理用牛乳 | 25 | 31.3 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | |
| スキムミルク | 2 | 2.5 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | ● |
| ミルクカルシウム | 2 | 2.5 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | ● |
| 塩 | 0.3 | 0.38 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 白こしょう | 0.02 | 0.03 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| コンソメ | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| とりがらスープの素 | 2 | 2.5 | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | ● |
| 水 | 79.1 | 98.9 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

●…該当食品、▲…同一工場内での製造がある場合（コンタミネーション）

# 詳細献立表(Bコース)

Aコース　2023年6月1日（木）
Bコース　2023年6月23日（金 ）
Cコース　2023年6月13日（火）

久喜市立学校給食センター

| 食品名 | 1人分 小 (g) | 1人分 中 (g) | アレルゲン | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | えび | かに | 卵 | 小麦 | そば | 落花生 | 乳 | あわび | いか | いくら | さけ | さば | オレンジ | キウイフルーツ | バナナ | もも | りんご | 牛肉 | 鶏肉 | 豚肉 | ゼラチン | くるみ | 大豆 | まつたけ | やまいも | カシューナッツ | ごま | アーモンド | 月 | 前期 |
| 【ごはん】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 白飯 | 60 | 100 | | | | ▲ | | | | | | | | | | | | | | | ▲ | ▲ | | | ▲ | | | | ▲ | | | ● |
| 【牛乳】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 飲用牛乳 | 206 | 206 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | |
| 【つくねのおろしソースがけ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| レバー入り白ごまつくね(20g) | 40 | 40 | ▲ | ▲ | ▲ | ● | | | ▲ | | ▲ | | ▲ | ▲ | | | ▲ | | ▲ | ▲ | ● | ● | ▲ | | ● | | ▲ | | ● | | ● | |
| 大根 | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 濃口醤油 | 1.1 | 1.38 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 本みりん | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 三温糖 | 0.3 | 0.38 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 1.3 | 1.63 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【高野豆腐の炒め煮】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 鶏胸小間 | 12 | 15 | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | |
| しょうが | 0.6 | 0.75 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| カット高野豆腐（千切り） | 4 | 5 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| むき枝豆(冷凍) | 3 | 3.75 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| キャベツ | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| さつまあげ(冷凍) | 10 | 12.5 | ▲ | ▲ | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| にんじん | 8 | 10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 濃口醤油 | 1.2 | 1.5 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 清酒 | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 中華スープの素 | 0.3 | 0.38 | | | | | | | | | | | | | | | | | | | ● | ● | | | ● | | | | ● | | | ● |
| 三温糖 | 0.5 | 0.63 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 米油 | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| オイスターソース | 0.8 | 1 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【なめこ汁】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| なめこ | 12 | 15 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 長ねぎ | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ほうれんそう | 12 | 15 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 豆腐(冷凍・サイコロ) | 25 | 31.3 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 油揚げ(スライス) | 3 | 3.75 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| みそ（けいわ） | 8 | 10 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 煮干しパック | 2 | 2.5 | ▲ | ▲ | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 115 | 144 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

●…該当食品、▲…同一工場内での製造がある場合（コンタミネーション）

# 詳細献立表(Bコース)

Aコース　2023年6月21日（水）
Bコース　2023年6月26日（月）
Cコース　2023年6月15日（木）

久喜市立学校給食センター

| 食品名 | 1人分 小 (g) | 1人分 中 (g) | アレルゲン | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | えび | かに | 卵 | 小麦 | そば | 落花生 | 乳 | あわび | いか | いくら | さけ | さば | オレンジ | キウイフルーツ | バナナ | もも | りんご | 牛肉 | 鶏肉 | 豚肉 | ゼラチン | くるみ | 大豆 | まつたけ | やまいも | カシューナッツ | ごま | アーモンド | 月 | 前期 |
| 【地粉うどん】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 地粉うどん(70g) | 70 | 0 | | | ▲ | ● | ▲ | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 地粉うどん(100g) | 0 | 100 | | | ▲ | ● | ▲ | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 【牛乳】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 飲用牛乳 | 206 | 206 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | |
| 【みそポテト】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| じゃがいも(カット) | 55 | 68.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| じゃがいも澱粉 | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 米油 | 7 | 8.75 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| みそ(赤) | 4 | 5 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 上白糖 | 3.2 | 4 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 本みりん | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 清酒 | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 4 | 5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【もやしのおひたし】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| もやし | 35 | 43.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんじん | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 小松菜 | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 濃口醤油 | 1.2 | 1.5 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 清酒 | 0.7 | 0.88 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| だしパック(鰹・鯖) | 0.4 | 0.5 | | | | | | | | | | | | ● | | | | | | | | | | | | | | | | | | ● |
| 水 | 2 | 2.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【肉汁うどん】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 豚肩小間切れ | 20 | 25 | | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | |
| 玉ねぎ | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 長ねぎ | 18 | 22.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんじん | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 油揚げ(スライス) | 4 | 5 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 濃口醤油 | 8 | 10 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 塩 | 0.6 | 0.75 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 清酒 | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 本みりん | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| だしパック(鰹・鯖) | 2 | 2.5 | | | | | | | | | | | | ● | | | | | | | | | | | | | | | | | | ● |
| 水 | 145 | 181 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

●…該当食品、▲…同一工場内での製造がある場合（コンタミネーション）

# 詳細献立表(Bコース)

Aコース　2023年6月15日（木）
Bコース　2023年6月27日（火）
Cコース　2023年6月12日（月）

久喜市立学校給食センター

| 食品名 | 1人分 小 (g) | 1人分 中 (g) | アレルゲン | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | えび | かに | 卵 | 小麦 | そば | 落花生 | 乳 | あわび | いか | いくら | さけ | さば | オレンジ | キウイフルーツ | バナナ | もも | りんご | 牛肉 | 鶏肉 | 豚肉 | ゼラチン | くるみ | 大豆 | まつたけ | やまいも | カシューナッツ | ごま | アーモンド | 月 | 前期 |
| 【ごはん】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 白飯 | 60 | 100 | | | | ▲ | | | | | | | | | | | | | | | ▲ | ▲ | | | ▲ | | | | ▲ | | | ● |
| 【牛乳】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 飲用牛乳 | 206 | 206 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | |
| 【あじごま風味フライ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| あじフィレごま風味フライ（40g） | 40 | 0 | ▲ | | ▲ | ● | | | ▲ | | | | | | | | | | | | | | | | ● | | | | ● | | ● | |
| あじフィレごま風味フライ（50g） | 0 | 50 | ▲ | | ▲ | ● | | | ▲ | | | | | | | | | | | | | | | | ● | | | | ● | | ● | |
| 米油 | 6 | 8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 【ゴーヤチャンプルー】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 豚肩小間切れ | 12 | 15 | | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | |
| ゴーヤ | 8 | 10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| もやし | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 生揚げ(カット・サイコロ型) | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 玉ねぎ | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 米油 | 0.8 | 1 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 濃口醤油 | 0.7 | 0.88 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 塩 | 0.2 | 0.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 三温糖 | 0.3 | 0.38 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 鰹節(砕片) | 0.5 | 0.63 | | | | | | | | | | | | ▲ | | | | | | | | | | | | | | | | | | ● |
| 【もずくスープ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 鶏胸小間 | 5 | 6.25 | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | |
| 長ねぎ | 8 | 10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんじん | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 干椎茸 | 0.2 | 0.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 冷凍もずく | 10 | 12.5 | ▲ | ▲ | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| えのきたけ（カット） | 8 | 10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| なると(冷凍) | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 薄口醤油 | 2.5 | 3.13 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 塩 | 0.25 | 0.31 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 白こしょう | 0.02 | 0.03 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 中華スープの素 | 2 | 2.5 | | | | | | | | | | | | | | | | | | | ● | ● | | | ● | | | | ● | | | ● |
| ごま油 | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | | | ● |
| 水 | 121.5 | 152 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

●…該当食品、▲…同一工場内での製造がある場合（コンタミネーション）

# 詳細献立表(Bコース)

Aコース　2023年6月26日（月）
Bコース　2023年6月28日（水）
Cコース　2023年6月20日（火）

久喜市立学校給食センター

| 食品名 | 1人分 小 (g) | 1人分 中 (g) | アレルゲン | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | えび | かに | 卵 | 小麦 | そば | 落花生 | 乳 | あわび | いか | いくら | さけ | さば | オレンジ | キウイフルーツ | バナナ | もも | りんご | 牛肉 | 鶏肉 | 豚肉 | ゼラチン | くるみ | 大豆 | まつたけ | やまいも | カシューナッツ | ごま | アーモンド | 月 | 前期 |
| 【ごはん】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 白飯 | 60 | 100 | | | | ▲ | | | | | | | | | | | | | | | ▲ | ▲ | | | ▲ | | | | ▲ | | | ● |
| 【牛乳】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 飲用牛乳 | 206 | 206 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | |
| 【ちくわのから揚げ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ちくわのから揚げ（15g） | 30 | 0 | ▲ | ▲ | ▲ | ● | | | ▲ | | | | | | | | | | | | | | | | ● | | | | | | ● | |
| ちくわのから揚げ（25g） | 0 | 50 | ▲ | ▲ | ▲ | ● | | | ▲ | | | | | | | | | | | | | | | | ● | | | | | | ● | |
| 米油 | 4 | 5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 【そぼろごはんの具】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 鶏むねひき肉 | 25 | 31.3 | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | |
| 大豆ミート | 2 | 2.5 | | | | ▲ | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| さつまあげ(冷凍) | 8 | 10 | ▲ | ▲ | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| にんじん | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| カット高野豆腐（千切り） | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 小松菜(冷凍) | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 濃口醤油 | 5.5 | 6.88 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 本みりん | 3 | 3.75 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 三温糖 | 2.5 | 3.13 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| しょうが | 0.5 | 0.63 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 米油 | 0.5 | 0.63 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 5.5 | 6.88 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【かみなり汁】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 豚もも小間切れ | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | |
| 木綿豆腐（カット） | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| こんにゃく(短冊切り) | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| にんじん | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 玉ねぎ | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 長ねぎ | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 塩 | 0.15 | 0.19 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 薄口醤油 | 5 | 6.25 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 和風だし | 2 | 2.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| ごま油 | 0.8 | 1 | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | | | ● |
| 米油 | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 122 | 153 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

●…該当食品、▲…同一工場内での製造がある場合（コンタミネーション）

# 詳細献立表(Bコース)

Aコース　2023年6月20日（火）
Bコース　2023年6月29日（木）
Cコース　2023年6月26日（月）

久喜市立学校給食センター

| 食品名 | 1人分小（g） | 1人分中（g） | アレルゲン | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | えび | かに | 卵 | 小麦 | そば | 落花生 | 乳 | あわび | いか | いくら | さけ | さば | オレンジ | キウイフルーツ | バナナ | もも | りんご | 牛肉 | 鶏肉 | 豚肉 | ゼラチン | くるみ | 大豆 | まつたけ | やまいも | カシューナッツ | ごま | アーモンド | 月 | 前期 |
| 【黒パン】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 黒パン(50g) | 50 | 0 | | | ▲ | ● | | | ● | | | | | | | | | | | | | | | | ● | | | | ▲ | | | ● |
| 黒パン(70g) | 0 | 70 | | | ▲ | ● | | | ● | | | | | | | | | | | | | | | | ● | | | | ▲ | | | ● |
| 【牛乳】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 飲用牛乳 | 206 | 206 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | |
| 【ハーブチキン】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 鶏もも肉切り身(50g) | 50 | 0 | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | |
| 鶏もも肉切り身(60g) | 0 | 60 | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | |
| 塩 | 0.3 | 0.36 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 白こしょう | 0.01 | 0.01 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| オリーブ油 | 0.5 | 0.63 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| バジルペースト | 2 | 2.5 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | ● | |
| レモン果汁 | 0.2 | 0.25 | | | | | | | | | | | | | ▲ | | | | | | | | | | | | | | | | | ● |
| 塩 | 0.1 | 0.13 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| じゃがいも澱粉 | 0.05 | 0.06 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 2 | 2.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【ブロッコリーサラダ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ブロッコリー(冷凍) | 25 | 31.3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| にんじん | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ホールコーン(冷凍) | 12 | 15 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| こんにゃく(サラダこんにゃく) | 12 | 15 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| ドレッシング(イタリアン) | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 【バター風味のトマトのスープ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ミートボール | 25 | 31.3 | ▲ | ▲ | ▲ | ▲ | | | ▲ | | | | | | | | | | | | ● | ● | | | ● | | | | | | ● | |
| キャベツ | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんじん | 8 | 10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 玉ねぎ | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| セロリ | 1.5 | 1.88 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんにく | 0.5 | 0.63 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 調理用バター | 0.5 | 0.63 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | ● |
| オリーブ油 | 0.5 | 0.63 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| トマトピューレ | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| トマトケチャップ | 3 | 3.75 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| コンソメ | 3 | 3.75 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 塩 | 0.2 | 0.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 白こしょう | 0.02 | 0.03 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 100 | 125 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

●…該当食品、▲…同一工場内での製造がある場合（コンタミネーション）

# 詳細献立表(Bコース)

Aコース　2023年6月12日（月）
Bコース　2023年6月30日（金）
Cコース　2023年6月28日（水）

久喜市立学校給食センター

| 食品名 | 1人分 小 (g) | 1人分 中 (g) | アレルゲン | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | えび | かに | 卵 | 小麦 | そば | 落花生 | 乳 | あわび | いか | いくら | さけ | さば | オレンジ | キウイフルーツ | バナナ | もも | りんご | 牛肉 | 鶏肉 | 豚肉 | ゼラチン | くるみ | 大豆 | まつたけ | やまいも | カシューナッツ | ごま | アーモンド | 月 | 前期 |
| 【ごはん】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 白飯 | 60 | 100 | | | | ▲ | | | | | | | | | | | | | | | ▲ | ▲ | | | ▲ | | | | ▲ | | | ● |
| 【牛乳】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 飲用牛乳 | 206 | 206 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | |
| 【さわらのねぎみそだれがけ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| さわら切身（40g） | 40 | 0 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| さわら切身（50g） | 0 | 50 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 長ねぎ | 2 | 2.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| みそ(白) | 3 | 3.75 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 三温糖 | 1.8 | 2.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 本みりん | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| じゃがいも澱粉 | 0.1 | 0.13 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 【ごぼうとさつま揚げの炒め物】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 豚ひき肉 | 8 | 10 | | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | |
| にんじん | 12 | 15 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| さつまあげ(冷凍) | 12 | 15 | ▲ | ▲ | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| ごぼう(千切り・金平用) | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| むき枝豆(冷凍) | 2 | 2.5 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 米油 | 0.5 | 0.63 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| ごま油 | 0.5 | 0.63 | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | | | ● |
| 三温糖 | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 清酒 | 0.5 | 0.63 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 濃口醤油 | 3 | 3.75 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| ごま(白・いり) | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | | | ● |
| 水 | 6 | 7.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【鶏のだんご汁】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 鶏団子 | 25 | 31.3 | | | ▲ | ● | | | ▲ | | | | | | | | | ▲ | ▲ | ▲ | ● | ▲ | | | ● | | | | ▲ | | ● | |
| にんじん | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 大根 | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 玉ねぎ | 13 | 16.3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| みそ（けいわ） | 8 | 10 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| だしパック(鰹・鯖) | 2 | 2.5 | | | | | | | | | | | | ● | | | | | | | | | | | | | | | | | | ● |
| 水 | 104 | 130 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

●…該当食品、▲…同一工場内での製造がある場合（コンタミネーション）